

## Community Capacity Building & Engagement

**Our Outcome - To create cohesive, sustainable and empowered communities that can thrive and become more resilient as public service budgets reduce and the demand on our services increase.**

**What success looks like? Our communities continue to be enjoyable places to live and work. Through our focus on preventative programmes and activities, we will help to ensure that our residents take responsibility for leading active, healthy and safe lifestyles. The broad range of facilities within our communities are retained, valued, well used and make significant contributions to the quality of life and health of residents. People have the opportunity to volunteer within their communities, from roles as trustees to those with the skills and the confidence to design and manage local facilities and activities. Communities are dynamic and vibrant with established and new residents contributing to the community as volunteers, members of community groups and organisations. All these are able to access funding support from local development contributions and/or the wide range of external funding opportunities.**

	April - June 2017	July - September 2017	October - December 2017	January - March 2018
<b>Main Achievements</b>	<p>On the 13th June the Grants and Funding Team joined the Suffolk Association of Local Councils county meeting to promote external funding opportunities to 20 people. This has generated a number of funding enquiries from Parish / Town Councils.</p> <p>The 10th Suffolk Walking Festival – the team actively supported 10 of the 39 walks that took place in Babergh and Mid Suffolk (27 in Babergh; 12 in Mid Suffolk). In total there were over 100 walks in the 3 weeks across Suffolk. GP exercise on referral schemes – we are currently undertaking a review of the Babergh funded schemes with a view to maximising the impact for residents.</p> <p>Dementia – Funding has been secured for a new community post in Hadleigh; essentially a co-ordinator to take on the Memory Club at the Ansell centre</p>	<p>1. Friday 8th September saw the Men's professional cycling Tour of Britain pass through Mid Suffolk. The Communities and Health and Wellbeing teams organised community engagement events and spectator activities along the route. Turnout of spectators and visitors was excellent and this in turn increased footfall into the district bringing with it extra spending at local food and retail outlets. The event was a great opportunity to showcase what the district has to offer!</p> <p>2. As part of the Connect health, care and communities integration work, our sheltered housing scheme managers have been supported to undertake My Care Wishes (MCW) training. The MCW programme is recognised across the NHS family in Suffolk and replaces the previous "yellow folder" arrangements, it is all about ensuring that residents care choices in later life are known and understood by all the professionals, volunteers and family members supporting them.</p>	<p>1. Funding &amp; Volunteering Event which engaged 5 partner organisations. Attendance comprised of 40 delegates representing a total of 29 organisations.</p>	<p>1. During 2017/18 two pubs in the district have opened under Community ownership: The Duke of Marlborough, Somersham and The Cross Keys, Redgrave. We are still working closely with two other communities to move towards successful purchase.</p> <p>2. A Funding and Volunteering event took place in Stowmarket in February, 67 delegates representing 41 groups from VCS.</p> <p>3. Working with Inn Crowd to develop Community Pub Live performance network - first community pub to register interest is Cross Keys in Redgrave - promoter event planned for July 2018.</p> <p>4. We are working with Human Resources to develop a Employer Supported Volunteering Programme.</p> <p>5. After a great community and tourist building programme developed in Shotley Peninsula there was an Arthur Ranson Evaluation during February which gave good feedback on the achievements delivered by the community.</p>

<b>Main Achievements Cont.</b>	Connect programme – The team are focussed on ensuring effective locality working arrangements are in place across all of the Connect localities in our districts (Sudbury, South Rural, Stowmarket, Eye and Northwest Suffolk and Bury Rural) with the aim that our housing and community services become an integral part of the Integrated Neighbourhood Teams leading to more joined-up services for residents. We are currently working with our South Rural INT partners to develop an innovative mobile social prescribing scheme in Shotley and Holbrook.	3.The Health and Wellbeing Team recently supported World Mental Health day. This year the focus was on mental health in the workplace. In addition to working with HR on this we also provided support to our local Mental health forum (Mid Suffolk VASP) and Suffolk Family Carers to provide resources from local volunteer groups supporting individuals with emotional and mental health needs; the event was held in Stowmarket on 12 October outside the Museum of East Anglian Life. 4. Mid Suffolk was recently identified as the 3rd happiest district in England ! This is based on the ONS's headline estimates of personal well-being.		6. Working with our Most Active County partners, Dance East and the John Peel centre delivered a 12-week funded programme "The Stow Elders" project which successfully ran until the end of March 2018. 7. As part of our commitment to the DAAs, we are supporting Hadleigh and Stowmarket to develop a week-long programme of activities to coincide with National Dementia Awareness Week which is 19-27th May. Activities will include tea parties and dementia friends sessions. 8. A mapping exercise was conducted during January and February 2018 to investigate existing local mental health health services both within statutory and voluntary sector and providers. This information has helped to develop forthcoming mental health support programmes to support staff and communities around dementia awareness, positive mental health for young families through a variety of projects linking with physical activity, arts and stress and anxiety workshops. 9. Eye have become accredited to the Walkers Scheme.
--------------------------------	--	--	--	---

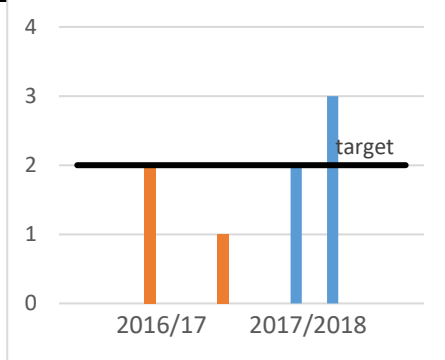
**Impact on communities / the way we work** Building community capacity, enabling external funding, effective partnership working to support the voluntary and community sector, enabling healthier, more active and safer communities and promoting and encouraging volunteering. We have a statutory responsibility within the Communities Team to undertake a range of duties in the Community Safety arena, including the 3 yearly Audit for the Section 11 & annual returns, to ensure the safety of our communities.

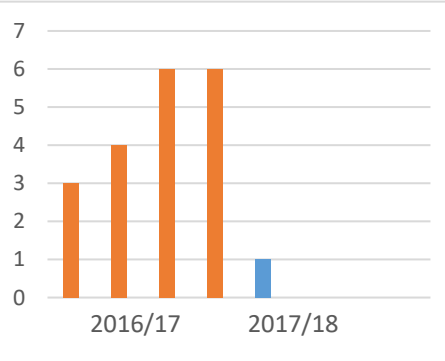
**JSP: Community volunteers are skilled and able**

Tracking Indicator	Linked to	Annual Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T1. % of volunteering by our staff and members (based upon those responding to an annual survey (Autumn 2016). Survey to be repeated, date tbc.  Cabinet Member Julie Flatman Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	11,12	<b>2016/17</b> <b>2017/18</b>	53% N/A	65%		Both	<b>Last Update 04/18</b> A follow up survey due to be carried out in Autumn 2017 was postponed to allow for a settling in period as a result of the moves to Endeavour House. The survey is now scheduled for Summer 2018	Volunteering is vital to our communities and is directly linked to improved health & wellbeing and engaging employers is key. The launch of the new Volunteer Suffolk website is enabling us to have a much better understanding of volunteering across our county and the numbers and activity across our districts in comparison to others. We can then map the 'gaps' and relate our activity directly to meet these needs.
Tracking Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T2. The number of volunteers and volunteer hours utilised by revenue funded	11,12 <b>2016/17</b>	<i>Volunteers</i> 1,369	<i>Hours</i> 151,306				<b>Last Update 04/18</b> Many Groups / organisations reporting	<b>Last Update 04/18</b> Any figures supplied regarding volunteers from


organisations (annual figures)	2017/18	1123	138,901			MSDC	that numbers of volunteers have fallen but number of hours have increased.	our Revenue Grant funding are not always accurate and nos. can vary year upon year depending on the interpretation of what constitutes volunteers e.g. some organisations include trustees in their volunteer nos. where others do not (the current application form will be revised for 2019/20 to instruct applicants to include Trustees).
Cabinet Member Julie Flatman Responsible Officer: Gillian Hilder Corporate Manager: Sue Clements								

Tracking Indicator	Linked to	Data	Data	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T3. Nos of volunteering vacancies advertised and taken up in the districts as on the Volunteer Suffolk website. <b>NEW MEASURE</b> Cabinet Member Julie Flatman Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	I1,I2  2017/18 Qtr.2 Qtr.4	Opportunities advertised 158 awaiting data	Volunteers registered 81 awaiting data	200		Both	<b>Last Update 04/18</b> Data expected to be completed by the end of the month. Nb. this data is provided by a third party.	<b>Last Update 04/18</b> The new Volunteer Suffolk website will provide data on the number of vacancies advertised and taken up in the districts.

Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I1. No. of Funding & Volunteering Events held  Cabinet Member Julie Flatman Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	T1,T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	0 0 2 0 1 0 2 3	2    2		Both	<b>Last Update 04/18</b> Volunteering events held Apr 17, Oct 17 and Feb 18 and were well attended.  The total is cumulative for the year.	<b>Last Update 04/18</b> These public events focus on funding and volunteering for all communities

Influencing Indicator	Linked to	Data	Total	2	Trend	Council	Report on Progress	Additional comments/ comparisons
I2.No. of Case Study Stories in Working Together (reflecting the current investment being made by staff and Councillors volunteering across Suffolk  Cabinet Member Julie Flatman Responsible Officer: Zoey Banthorpe Corporate Manager: Sue Clements	T1,T2,T3	2016/17 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 2017/18 Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	3 4 6 6 1 0 0 0			Both	<b>Last Update 04/18</b> Reviewing changes to the Working Together format. Liaising with Comms for a better platform	<b>Last Update 04/18</b> This is a new and emerging area of work and over the next 12 months we will build a picture of volunteering across Babergh and Mid Suffolk and compare this with neighbouring district and borough partners.

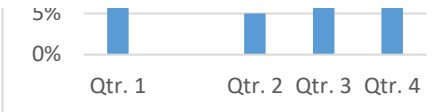
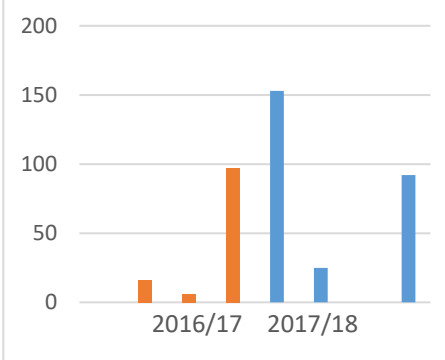
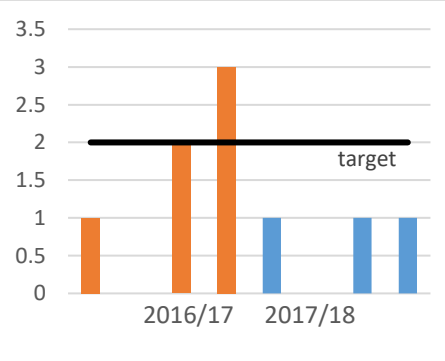
**JSP: Continued support for Health & Well Being outcomes that prevent interventions**

Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T1. Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of INACTIVE adults (less than 30 minutes per week)	I1	11/15 - 11/16 05/16 - 05/17 05/17 - 05/18	21.6 25.8 No New Data				<b>Last Update 04/18</b> These indicators are taken from the new Active Lives Survey (Sport England) and provide a key benchmark for comparing	<b>Last Update 04/18</b> Suffolk figure is 25.6% England figure is 25.6% A lower percentage is better

<p>Cabinet Member Julie Flatman Responsible Officer: Jon Seed Corporate Manager: Jon Seed</p>						MSDC	<p>activity levels across Local Authority areas in England. Next data release will be in June 2018. These two outturns are baselines so no data available on trends yet until June 2018. Given the confidence intervals Mid Suffolk is not statistically different when compared to the rest of Suffolk and England on any of these measures for the May 2016 to May 2017 survey window. Around 1 in 5 people are inactive in Mid Suffolk and this is in line with Suffolk and England as a whole.</p>	
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
<p>T2. Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of ACTIVE adults (more than 150 minutes per week)</p> <p>Cabinet Member Julie Flatman Responsible Officer: Jon Seed Corporate Manager: Jon Seed</p>	11,12	<p>11/15 - 11/16 05/16 - 05/17 05/17 - 05/18</p>	<p>64.5 58.1 No New Data</p>			MSDC	As above	<p><b>Last Update 04/18</b> Suffolk figure is 58.0% England figure is 60.6% A higher percentage is better</p>
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
<p>T3. % of Adults (aged 16+) who have taken part in sport and physical activity in the last 28 days</p> <p>Cabinet Member Julie Flatman Responsible Officer: Jon Seed</p>	11,12	<p>11/15 - 11/16 05/16 - 05/17 05/17 - 05/18</p>	<p>81.5 80.4 No New Data</p>			MSDC	As above	<p><b>Last Update 01/18</b> Suffolk figure is 78.6% England figure is 77.2% A higher percentage is better</p>
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
<p>T4. Life satisfaction indicator [Question: Overall, how satisfied are you with your life nowadays? Where 0 is 'not at all satisfied' and 10 is 'completely satisfied']</p> <p>Cabinet Member Julie Flatman Responsible Officer: Jon Seed Corporate Manager: Jon Seed</p>		<p>2015/16 2016/17 2017/18</p>	<p>7.84 7.92 No New Data</p>			MSDC	<p><b>Last Update 04/18</b> These indicators are derived from the headline estimates of personal well-being from the Annual Population Survey (APS): by counties, local and unitary authorities, April 2016 to March 2017. This data was published by the ONS on 26 September 2017. Given the confidence intervals both Babergh (and Mid Suffolk) are not statistically different when compared to the rest of Suffolk and England on any of these measures.</p>	<p><b>Last Update 04/18</b> Suffolk figure is 7.87 East of England figure is 7.74 England figure 7.68 (out of 10) A higher number out of 10 is better</p>
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
<p>T5. Happiness Indicator [Question: Overall, how happy did you feel yesterday? Where 0 is 'not at all happy' and 10 is 'completely happy']</p>		<p>2015/16 2016/17 2017/18</p>	<p>7.87 8.18 No New Data</p>			MSDC	<p><b>Last Update 04/18</b> 8.18 out of 10 is the 3rd highest (best) rating of any local authority area in England.</p>	<p><b>Last Update 04/18</b> Suffolk figure is 7.82 East of England figure is 7.58 England figure is 7.51 (out of 10) A higher number out of 10 is better</p>

Tracking Indicator		Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
Cabinet Member Julie Flatman Responsible Officer: Jon Seed T6. Anxiety Indicator [Question: Overall, how anxious did you feel yesterday? Where 0 is 'not at all anxious' and 10 is 'completely anxious']			<b>2015/16</b> 2.71 <b>2016/17</b> 2.32 <b>2017/18</b> No New Data				MSDC	As above	<b>Last Update 04/18</b> Suffolk figure is 2.76 East of England figure is 2.85 England figure is 2.91 (out of 10) A lower number out of 10 is better
Cabinet Member Julie Flatman Responsible Officer: Jon Seed Corporate Manager: Jon Seed I1.No. of new Fit Villages projects established in the Mid Suffolk areas		T2,T3	<b>2016/17 annual</b> 14 <b>2017/18</b> Qtr. 1 2 Qtr. 2 1 Qtr. 3 1 Qtr. 4 1				MSDC	<b>Last Update 04/18</b> 1 new Fit village project has been established this quarter in Westhorpe (Keep Fit) bringing the total number of FV projects running in the Mid Suffolk area to 20.	<b>Last Update 04/18</b> Fit Villages has been nationally recognised for its work within the community after being awarded the Social & Community Development Project of the Year at The County Sports Partnership Network (CSPN) Convention. The number of active projects is currently at its highest level since the programme began. (85% of projects across the districts are sustainable and continue beyond the 8 weeks of funding)
Cabinet Member Julie Flatman Responsible Officer: Jon Seed Corporate Manager: Jon Seed I2. Great Run Local Needham Lake event, total number of runs completed		T2,T3	<b>2016/17</b> Qtr. 1 1791 Qtr. 2 1740 Qtr. 3 1754 Qtr. 4 1650 <b>2017/18</b> Qtr. 1 3219 Qtr. 2 2605 Qtr. 3 2338 Qtr. 4 1989				MSDC	<b>Last Update 04/18</b> The total number of 5km and 2km runs completed at this weekly volunteer led event continues to grow. Data shows a 50% increase in participations between Quarter 2 this year and the equivalent period last year. Based on the first two quarters data annual participations for 2017/18 are already on track to significantly exceed last year. Moreover the data shows a consistently high level of participation – highest in England for an event of this type. There is some quarterly variation due to seasonal factors and the numbers of Sundays that fall in any given quarter.	<b>Last Update 04/18</b> The Needham Lake Great Run Local was established with the help of Sue Calver in the Health and Wellbeing team and has attracted hundreds of regular runners since its launch last year. Open to all abilities, the event prides itself on getting new-starters into running by walking or jogging the 2km course, and gradually moving up to a 5km run. It is now one of the most successful events of its type in the UK. By working in partnership with others there is now a portfolio of projects running across the districts including Park Run, Great Run Local, Year of Walking and 'Fit Villages' which is helping sport and activity reach our more rural locations.
<b>JSP: Targeted grants and funding to support Community capacity building</b>									
T1.Capital funds provided by the districts to the voluntary and community sector as a % of their overall income (annual)		I1,I2	<b>2017/18</b> Qtr. 1 13% Qtr. 2 5% Qtr. 3 10%				MSDC		



Cabinet Member Julie Flatman Responsible Officer: Gillian Hilder Corporate Manager: Sue Clements		Qtr. 4	16%					
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T2.Awards for All funding (£200-£10,000) awarded to Babergh and Mid Suffolk organisations (annual)  Cabinet Member Julie Flatman Responsible Officer: Chris Knock Corporate Manager: Sue Clements	I1,I2	<b>2017/18</b>	£129,510	200k (£100k per district)		Both	<b>Last Update 04/18</b> This covers 13 projects	<b>Last Update 04/18</b> 'Awards for All' is a Big Lottery administered fund suitable for many community projects.
Tracking Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
T3.Delivery of safeguarding training to all Staff and Councillors, Nos of attendees.  Cabinet Member Julie Flatman Responsible Officer: Leigh Sherwin Corporate Manager: Sue Clements		<b>2016/17</b> Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 <b>2017/18</b> Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	0 16 6 97 153 25 0 92			Both	<b>Last Update 04/18</b> Safeguarding Training to all Staff and Councillors across both Councils to ensure the safety and support the vulnerability of our communities. Training is an ongoing activity for all staff and councillors including renewals and new starters. Section 11 Audit review submitted	<b>Last Update 04/18</b> Also delivered 5 Safeguarding Children and Vulnerable Adults training session to Members. In total 34 Members have been trained. Also delivered 1 Prevent Training session for 6 members of staff. Two other training sessions were arranged but had to be cancelled due to low numbers. This training raises awareness of radicalisation and what staff should do if they suspect someone is showing extreme behaviours
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I1. Number of Funding & Volunteering Events undertaken by the Communities Team  Cabinet Member Julie Flatman Responsible Officer: Chris Knock Corporate Manager: Sue Clements	T1,T2	<b>2016/17</b> Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4 <b>2017/18</b> Qtr. 1 Qtr. 2 Qtr. 3 Qtr. 4	1 0 2 3 1 0 1 1	2  2		Both	<b>Last Update 04/18</b> Funding events held Apr 17, Oct 17 and Feb 18 and were well attended. Although held in Mid Suffolk locations, all three events were also advertised in Babergh. 2018/19 we intend to locate events in both districts.	<b>Last Update 04/18</b> These type of Events are vital for bringing key funders and stakeholders into our communities to promote awareness of financial opportunities and enable networking across our voluntary sector.
Influencing Indicator	Linked to	Data	Total	Target	Trend	Council	Report on Progress	Additional comments/ comparisons
I2. Number of assets of community value as part of our statutory duty in respect of community rights  Cabinet Member Julie Flatman Responsible Officer: Stephanie Osborne Corporate Manager: Sue Clements	T1,T2	<b>2016/17</b>  <b>2017/18</b> bi-annual Q2 Q4	7  2 1	no target as a reactive response to community need		MSDC	<b>Last Update 04/18</b> This is time intensive work and is reactive to the needs and aspirations of communities During 2017/18 two pubs in the district have opened under Community ownership: The Duke of Marlborough, Somersham and The Cross Keys, Redgrave.	<b>Last Update 04/18</b> As part of the Localism Act 2011, The Community Right to Bid: Assets of Community Value enables communities to nominate valued assets within their community as Assets of Community Value (ACV). This work is undertaken by a specialist Officer and one other officer within the Communities Team working closely with our Shared Legal Services Team.